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Ask RJR Safety Inc.

Upcoming Classes

Open-enrollment Classes

All classes listed are in-person classes.

H2S Safety

SafeLand USA - AWARE Rig Pass

OSHA 10-Hour General Industry

First-aid/CPR/AED

All in-person classes are cancelled through August 31, 2020

Upcoming Events

PIOGA 2020 Fall Conference
September 22-24, 2020
Seven Springs Resort

MASHA Conference
October 29, 2020
RLA in Cranberry PA

Home Office Ergonomics and Safety

Working from home, telecommuting, is a perk for employees and has significant benefits to the employer. However, with these benefits come additional risks. One such risk is injuries to workers that are ergonomic in nature.

Is the employee's home office the kitchen table or the breakfast nook or a kitchen island or a lap desk while on the couch? If a worker is injured while working at home when is it an OSHA Recordable Injury?

[Read More!](#)

How Do You Feel About Virtual Training?

As we are still experiencing the business operational changes such as working from home and not being able to do in-person training due to COVID-19, how do you feel about virtual training? This is live training with an Instructor and class interaction on a virtual platform such as "Zoom".

Would you participate in a virtual training session? How long will you be able to sit for training with breaks – 2 hours, 4 hours, 8 hours? How long is too long? Will virtual training continue after COVID-19 is under control and our work and personal lives are back to being very close to normal?

Please email RJR Safety Inc. to let us know how you feel about virtual training at **wayne@rjrsafety.com**.

Ask RJR Safety Inc.

RJR Safety Inc. is happy to answer questions that you may have. Use the "Ask your question" link below to ask your question. An answer will be provided within two business days of the question being received. - ***Ask your question...***



OSHA-Authorized Instructor
OSHA Outreach Training Program
General Industry & Construction Industry



"Working Safe, Preventing Injuries, & Protecting Profits"

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Send Us A Message

